

Statistical bulletin

Public opinions and social trends, Great Britain: 26 July to 6 August 2023

Social insights on daily life and events, including estimates from the Opinions and Lifestyle Survey (OPN) relating to the important issues facing society today.

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1 . Main points

The following information is for the latest survey period 26 July to 6 August 2023, based on adults in Great Britain.

- When asked about the important issues facing the UK today, the most commonly reported issues continued to be the cost of living (93%), the NHS (85%), the economy (72%), climate change and the environment (69%) and housing (61%).
- Among those currently paying rent or a mortgage, almost half (47%) reported that their rent or mortgage payments had gone up in the past six months.
- Among those currently paying rent or a mortgage, almost 4 in 10 (38%) reported finding it very or somewhat difficult affording these payments; this was around 3 in 10 (29%) in early August 2022.
- Over half (56%) of adults reported that their cost of living had increased compared with a month ago, while 41% reported it had stayed the same and 2% said it had decreased.
- When asked about what people are doing because of the increases in the cost of living, over two-thirds (69%) said they were spending less on non-essentials, while around half were shopping around more (53%) and using less fuel such as gas or electricity in their homes (51%).
- Among adults who tried to make contact with a GP practice for themselves or someone else in the last month, almost 4 in 10 (37%) found it very difficult or difficult, while 42% found it easy or very easy.

2 . Public opinions and social trends data

[Public opinions and social trends, Great Britain: household finances](#)

Dataset | Released 11 August 2023

Indicators from the Opinions and Lifestyle Survey (OPN) of people's experiences of changes in their cost of living and household finances in Great Britain.

[Public opinions and social trends, Great Britain: personal well-being and loneliness](#)

Dataset | Released 11 August 2023

Indicators from the Opinions and Lifestyle Survey (OPN) of worries, personal well-being and loneliness in Great Britain.

[Public opinions and social trends, Great Britain: personal experiences of shortages of goods](#)

Dataset | Released 11 August 2023

Indicators from the Opinions and Lifestyle Survey (OPN) of whether people experienced shortages of goods such as food, medicine, or fuel when shopping in Great Britain.

[Public opinions and social trends, Great Britain: water restrictions and use](#)

Dataset | Released 11 August 2023

Indicators from the Opinions and Lifestyle Survey (OPN) of people's water use and water restrictions for people in Great Britain.

[Public opinions and social trends, Great Britain: GP practice access](#)

Dataset | Released 11 August 2023

Indicators from the Opinions and Lifestyle Survey (OPN) related to people's experiences of GP practice access in Great Britain.

3 . Measuring the data

This release contains data and indicators from the Office for National Statistics' (ONS's) Opinions and Lifestyle Survey (OPN).

From the 16 June 2023 release onwards, we have made changes that reduce the scope of the release and accompanying datasets. This is based on a routine review of the relevance and usefulness of this release.

Breakdowns by age and sex are no longer provided for fortnightly estimates in the latest [Public opinions and social trends, Great Britain datasets](#). All previous versions of the dataset remain available from this page. Estimates from the OPN by these and other personal characteristics will continue to be provided on a regular basis in other ONS releases. For example, OPN estimates relating to the impact of cost of living among different sub-groups of the population are provided within the regular [Impact of increased cost of living on adults across Great Britain](#) series.

[Confidence intervals](#) are provided for all estimates in the datasets. Where changes in results from previous weeks are presented in this release, or comparisons between estimates are made, associated confidence intervals should be used to assess the [statistical significance](#) of the differences.

Sampling and weighting

In the latest period (26 July to 6 August 2023), we sampled 4,990 households. This sample was randomly selected from people who had previously completed the Labour Market Survey (LMS) or OPN. The responding sample for the latest period contained 2,509 individuals, representing a 50.3% response rate.

Survey weights were applied to make estimates representative of the population (based on ONS population estimates). Further information on the survey design and quality can be found in our [Opinions and Lifestyle Survey Quality and Methodology Information \(QMI\)](#).

4 . Related links

[Quality of life in the UK: August 2023](#)

Article | Released 11 August 2023

An update on the UK's progress across 10 domains of national well-being, which include personal well-being, relationships, health, what we do, where we live, personal finance, economy, education and skills, governance, and the environment.

[Tracking the impact of winter pressures in Great Britain: November 2022 to February 2023](#)

Article | Released 24 April 2023

Insights from our Winter Survey as we tracked participants to examine how increases in the cost of living and difficulty accessing NHS services had impacted their lives during the winter months.

[The impact of winter pressures on different population groups in Great Britain: 15 to 26 February 2023](#)

Article | Released 30 March 2023

In-depth analysis on how increases in the cost of living and difficulty accessing NHS services have impacted people's lives across the winter period.

[Characteristics of adults experiencing energy and food insecurity in Great Britain: 22 November to 18 December 2022](#)

Article | Released 13 February 2023

Understanding the characteristics associated with experiencing energy and food insecurity; logistic regression analysis using data from the Winter Survey.

[Cost of living insights](#)

Web page | Updated frequently

The latest data and trends about the cost of living. Explore changes in the cost of everyday items and how this is affecting people.

[Impact of increased cost of living on adults across Great Britain: February to May 2023](#)

Article | Released 14 July 2023

Analysis of the proportion of the population that are affected by an increase in their cost of living, and of the characteristics associated with financial vulnerability, using data from the Opinions and Lifestyle Survey.

[Cost of living and depression in adults, Great Britain: 29 September to 23 October 2022](#)

Article | Released 6 December 2022

Analysis into the prevalence of depression among adults in Great Britain in autumn 2022. Exploring this in the context of the rising cost of living.

5 . Cite this statistical bulletin

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